

International Youth Exchange
„(In)visible voices: exploring media representations of youth“
7.8. - 14.8.2017
Paide, Estonia

Current youth exchange will bring together 25 youth advocates to explore media representation of youth and disabilities. We are surrounded by media on daily bases. It influences the way we think, behave, and media also sets serious social norms against which members of society measure themselves. Media literacy is an essential skill to have if one wants to live and create more just and fair society.

Aim of the YE is to learn together how media creates messages, how we can become more media literate and how to use various media outlets for one's own good in order to let multiple voices be heard in the society.

Objectives of the YE:

- increase media literacy among youth;
- learn communication and other media skills;
- promote inclusive youth activities among participants and in wider society;
- to promote active participation of youth with various abilities in the society;
- to raise intercultural awareness and promote attitude of cooperation among youth.

Participant's profile

We have recruited participants from Italy, Bulgaria, Poland, France and Estonia. There will be 4 participants and 1 youth leader from each country. Participants should be 18 – 30 years old, although group leader can be over 30.

We expect participants to be a mixed group of youngsters with/without disabilities interested in media literacy and disability advocacy. Participants ought to actively take part in preparation, implementation activities and dissemination activities.

Timeframe of the YE

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| 1 st of June | : deadline for identifying participants and group leader*; |
| 10 th to 14 th of July | : skype meetings with group leader or whole group; |
| 17 th to 31 st of July | : preparatory activities in home countries; |
| 7th to 14th of August | : (In)visible Voices in Action! Paide, Estonia; |
| 21 st August till ... | : dissemination activities in home countries. |

***You can gather your group after the due date above but no later than the beginning of preparation activities which start in mid of July! Please makes sure to check the travel budget – you should confirm your group members as quick as possible, since the flights aren't getting any cheaper in time!**

Travels & budget

Flying to Tallinn:

Destination → Tallinn Lennart Meri Airport

From airport to Central Bus station take bus nr 2 towards city centre (bus has “*Reisisadam*” written on it) and get out at “Bussijaam” bus stop (3rd stop after airport). Facing the direction the bus takes, Central Bus station will be on the left, other side of the road.

Bus to Paide:

Check timetable and prices: T-pilet (click to open)

Bus ticket costs 5 – 7€.

Bus takes around 1h 10min.

Last bus to Paide goes at 8:30PM please bare in mind while making travel plans.
First bus from Paide goes at 7AM please bare in mind while making travel plans.

Contact us in case you have doubts, questions etc.

NB! In case you are using wheelchair then bus nr 2 is always lower one and most probably accessible. For intercity transportation we can't guarantee that the bus will be adjusted for wheelchairs and most probably you will need to fold the wheelchair and help the person to enter.

Travel budget

| | | |
|---------|------|-----------------|
| Poland | 275€ | per participant |
| France | 275€ | per participant |
| Bugaria | 275€ | per participant |
| Italy | 275€ | per participant |
| Estonia | 20€ | per participant |

NB! Travel costs will be reimbursed after the exchange once we have received all the original travel documents – flight invoices, boarding passes + bus tickets.

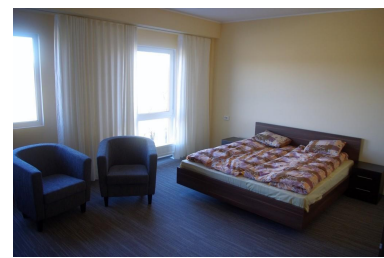
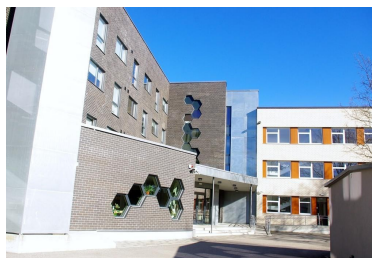
Erasmus+ program requests participants to make insurance. Please make sure you have one! Insurance will be covered if it will be within the 275€ travel budget. In case you have European Health Insurance Card bring it along, if not, read the criteria and in case you are eligible – get one from here: EHIC (click to open).

In case you need any help planning your travels, please contact us!

Accommodation

We are accommodated in Paide Hostel. It is a hostel for a local vocational schools. I am not sure yet how the rooms are located but we make sure people with same gender will be sharing rooms. Building is also wheelchair accessible but we do not eat in the same building, so we walk to the diner which is 20min away.

Hostel will have all necessary things for basic overnight stay, but please bring your own hygiene items.



About Opinion Festival

We will be part of annual Opinion Festival held in Paide. It is huge event, there will be over 1000 of people coming to discuss various topics. We are part of youth area and will be interacting with the general public asking questions related to media literacy and critical thinking. People will speak English, so be ready to interact with Estonians during one of the biggest media events of the year!

The aim of the Opinion Festival in Estonia is to provide an open platform for discussion on society and culture, without any political bias. This is a self-evolving community-wide festival open to everyone. We want alert and active people to discuss issues that are important to them and to Estonia in general.



The Opinion Festival was inspired by the 46-year-old Almedalsveckan festival in Sweden, as well as other similar events in Finland, Norway and Denmark and was held for the first time in Estonia in 2013.

More about the festival:

Opinion Festival's webpage: [Arvamusfestival](#) (click to open)

Opinion Festival on Facebook: [Arvamusfestival FB](#) (click to open)

NB! During one day you can experience all 4 seasons so we suggest to dress warm!

In case of any questions please contact Kai
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